



Why become an NLP Practitioner?

This is a journey of discovery. NLP has many definitions and the value of becoming an NLP Practitioner is as unique as you & I. This course is for you whether you want to understand how you tick, what motivates you, how you make the decisions that you make; if you want to become a change agent, able to influence with integrity, gain more credibility and higher performance; learn the models of excellence to enhance your life and the success that you have in every area that you choose; become the best you can be.

Course Structure:

Trainer: Sharon Rooke, UKCP Psychotherapist, Satir Psychotherapist, NLPtCA Chair, NLPtCA Supervisor, INLPTA NLP Trainer, IHS Trainer, Guest Lecturer University of Worcester.

Total Contact Study Time: 130+ hours including **Step Change Therapy®**.
If you want to:

- Become an effective communicator, with yourself, family, friends, colleagues and customers.
- Be the model of excellence in you personal and professional life.
- Become influential to those around you.
- Learn how to unlock language for excellent results.
- Tap into the motivational strategies that people hold.
- Learn from your past to inform your future.
- Be the change agent model, you want to be, in your workplace and at home.
- Explore the power of your mind.
- Unlock and recognise your full potential.

What will be covered?

With 16 days of learning, there is plenty for you to learn, understand, explore and practise. Each session includes experiential learning and a pragmatic approach of how the learning will be applied back in the real world. This ensures your understanding and an ethical approach to the application of what's being covered.



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The syllabus includes:

- The last 30 years of NLP, its origins and history.
- The benefits of adopting the NLP presuppositions.
- How to get the best possible state for learning and using NLP elegantly.
- The key principles of getting successful results; say it the way you want it.
- Heighten your sensory acuity.
- Uncover the multitude of the 'hidden' signals that people transmit when they communicate.
- Develop deep rapport with anyone; quickly, easily and ecologically.
- Notice how we process and accept communication.
- Learn to understand other's viewpoint with perceptual positions.
- Expand your vocabulary and understanding with modalities and predicates.
- Increase your influence to assist change in under 5 minutes.
- Understand, practice and become confident to change beliefs and habits using submodalities.
- Create elegant and powerfully positive anchors for yourself and others.
- Learn the individual steps or strategies that people take to either motivate themselves or make decisions, such as purchasing goods.
- Open your mind to the intricacies of the Meta Model to restore a person's deletions, distortions and generalisations.
- Explore the fabulously ambiguous language of the Milton Model and experience how this can create exquisite change.
- Be able to re-frame elegantly and conversationally to stop whingers and moaners in their tracks, or just to help some see another angle.



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- Create congruence and release barriers with Parts Integration.
- Deal effectively with un-useful emotions and limiting beliefs of the past, for the future you want.

So how will all this be achieved?

We know that this training will probably be the most powerful training that you've ever been on. For some it has truly been life changing. We also know that it's not always easy to learn NLP. And we know the commitment you're demonstrating being on this training. This is why we design, prepare and deliver this training with you in mind. So you can be confident. Be assured of the utmost support, advice and guidance from us when you book on this training. This extends to before, during and after the training. We're here for you and will help you to be the best you can be, in NLP into all walks of your life, so you can really see the difference.

What else is different about SCR Associates?

YOU ARE - The difference that makes us different.

We want to give you our individual attention. We believe that you deserve the best individual attention, to coach you to become a confident NLP Practitioner.

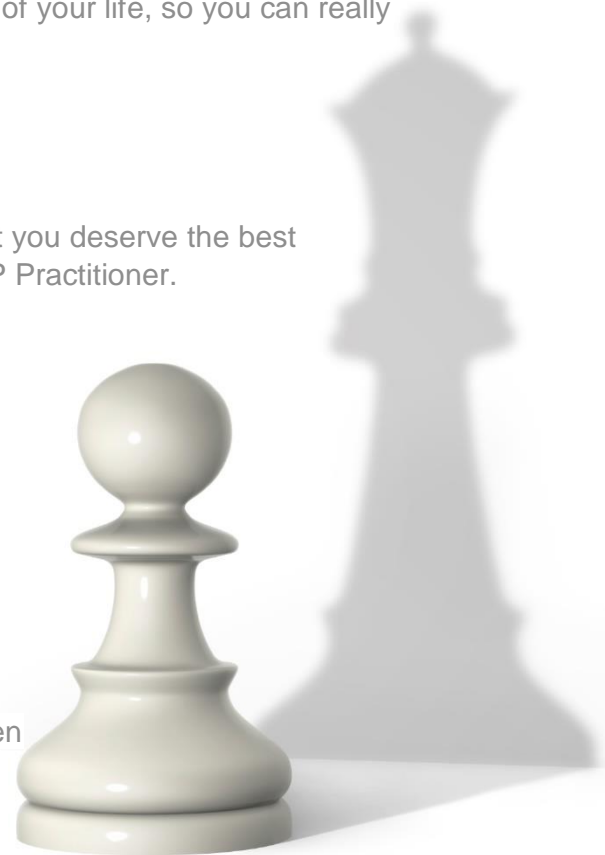
What to expect?

Expect this training to have the potential to affect every area of your life.

Thank you in advance for choosing me as your guide through your journey of NLP.

To support & assist in the integration of your learning and to become an excellent NLP Practitioner.

Book now to make the changes that you want to have happen



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