

NLP Diploma

“Once a human being has arrived on this earth, communication is the largest single factor determining what kinds of relationships he makes with others and what happens to him in the world about him.”

– Virginia Satir

Which relationship would you like to learn more about? Are there aspects determining the quality of the relationships in your life that could do with reviewing, an update, or change?

Would it be really useful for you to understand the processes that lie behind how you can communicate more effectively?

I bet how you communicate with others is vital to the achievement of your success, both personally and professionally.

When you consider we are inundated with an amazing amount of information each and every second, $10^{10(11)}$; the magic number 7 ± 2 becomes even more important, it's what we pay attention to. And this raises the question, what are you paying attention to?

People, like you, have found our NLP Diploma to be significant for their changes. Not because they learn about the six principles of success; not because they find out their preferred thinking mode and what this means to them; not because they are able to access their best state of mind. Because of all of this and much more, they begin to understand and learn about the most powerful computer in the world that will never be replicated and is always unique – your mind.

“With the understanding and skills that I have been taught on this NLP course will enable me to forge more meaningful relationships with friends, colleagues and clients. The course has enabled me to understand myself and the way I see people, & the way they see me. I would highly recommend this training to friends, colleagues and clients.” – Recruitment Consultant

“I have begun a new and interesting journey that will enable me to achieve my goals.” – Retail Analyst

So, this course is perfect for you if you have ever...

- Felt that you wanted to know more about how our minds really work?
- Wondered what people actually mean by the words that they use?
- Wanted to see some of your relationships in a different light, from another perspective?
- Needed to master your own state?
- Been fascinated by change

Then you're going to embark on how to answer all of these questions and many more with the discoveries of NLP.

Have you noticed that fads and fashions come and go, leaving a quake of memories and sometimes bad photos behind them. Learning more about NLP is one approach that will never go out of fashion because elegant communication style is always en vogue.

With NLP you can...

- Communicate with congruency
- Influence with integrity
- Perform with poise
- Lead with leverage
- Enable excellence
- Achieve your goals

“Thought provoking, provided new insights, increased my self awareness.” – Training Manager

“Good blend of theory and practical applications, an effective mix of show and tell.”
– Marketing Director

“I have a stronger more flexible foundation/state that will allow me to be more successful. Recommend to all that seek improvement.” – Managing Director

“Fascinating subject expertly delivered. Sharon is very understanding and patient!”
– IT Director

Course Objectives

By the end of these four days you will:

- Know your preferred thinking style, identify other's and be flexible in the use of all thinking styles
- Have finely attuned sensory acuity for reading body language
- Have experienced using Well Formedness Conditions for creating powerful goals and positively directional outcomes
- Understand what makes people tick
- Be able to make contact with others build rapport for trust and respect
- Anchor consciously, positive and resourceful states in difficult situations
- Create lasting change in your relationship
- Access resources

Course Content

This experiential and interactive training programme includes:

- Definitions of Neuro Linguistic Programming
- History of Neuro Linguistic Programming
- Principles of Success
- Communication Model
- Operating Beliefs
- Well Formed Outcomes
- Building Sensory Acuity
- Developing Rapport
- Increasing Linguistic Flexibility
- Submodalities and Making Meaning
- Kinaesthetic Anchoring

- Introducing Time Lines
- Introducing Meta Programmes

And much, much more...

Course Structure

This course is delivered and managed to NLPtCA standards and qualification criteria. It provides a thorough foundation in NLP attitudes, skills and techniques for use in personal and business growth and development including coaching, counselling and training.

There is a delightful blend of learning styles that provide you with the maximum learning. Exercises imbed your confidence and competence. All courses are delivered by qualified INLPTA NLP Trainers.

Who is this for?

This course is suitable for those seeking personal development, career progression or professional success. Parents, Leaders, Therapists, Coaches, Consultants, Nurses are just a flavour of the valuable roles that some people who have attended. This programme really is open and available to everyone.

SCR Associates

Sharon has attained the highest standard of training. Qualifications include UKCP Registered Psychotherapist; NLPtCA accredited psychotherapist; NLPtCA accredited Supervisor; Satir Transformational Systemic Psychotherapist; INLPTA certified NLP Trainer; IHS Hypnotherapy trainer; INLPTA Master Practitioner of NLP; HS Clinical Hypnotherapist. The motivation for learning and understanding continues

This NLP Diploma training programme is brought to you with of over 20 years' experience of providing Business, Personal and NLP Training. It is especially crafted to provide participants that are looking to improve their communication skills and abilities with a **complete and invaluable toolkit**. Sharon delivers trainings in a pragmatic style and really works with you to achieve results.

The aim is always to help people to be the best they can be. Your learning and integration are important. We respect people learn differently and utilise the best strategy for you to achieve what you desire from the programme, because that's important to you.

"If you approach each new person you meet in a spirit of adventure, you will find yourself endlessly fascinated by the new channels of thought and experience and personality that you encounter." - Eleanor Roosevelt